



2020 IMPACT REPORT

No Waste. No Hunger.

35 Years Of Food Rescue

We have learned a lot in our 35 years as Canada's largest food rescue charity.

In 1985, we delivered rescued food out of the trunk of a hatchback and we served a small population with food collected from local restaurants.


Today, we rescue food across Canada utilizing an award-winning app, and we have a fleet of 12 trucks, two vans and one tractor trailer.

The support we've received from our incredible partners has helped us grow into a national charity with a clear mission: to grow an efficient food recovery network to fuel people and reduce the environmental impacts of avoidable food waste.





*“Thank you for feeding my family...
YOU make all the difference!”*

A close-up photograph of a person's hands chopping a purple cabbage on a wooden cutting board. The person is wearing a grey long-sleeved shirt. The cutting board is cluttered with various fresh ingredients: a whole red bell pepper, a sliced lemon, a whole carrot, and some green herbs. In the foreground, there is a glass bowl filled with green leafy vegetables, possibly romaine lettuce, and a wooden bowl containing more green leafy vegetables. The background is slightly blurred, showing a kitchen setting.

*“The spread of COVID-19
has precipitated critical
shocks throughout the
global food system.”*

- National Observer



HUNGER CRISIS IN CANADA

5.8M

5.8 Million Canadians report being hungry amid COVID-19 Pandemic.

1.2M

1.2 Million children live in food-insecure households.

70%

70% of our program partners require more food to meet the growing demands.

1/3

Nearly 1/3 of households reliant on social assistance as income are severely food insecure.



ENVIRONMENTAL CRISIS

The global impact of food waste

60%

Nearly 60% of food produced in Canada is lost or wasted every year. That's about 35.5 million metric tonnes—or a small city of skyscrapers in weight. Every. Year.

CO₂

There are 56.5 million metric tonnes of CO₂ equivalent emissions annually from food waste in Canada. When food ends up in a landfill, it creates a methane gas that is 25x more damaging to the environment than carbon dioxide. Methane emissions have risen by 10% in the last two decades.

GHG

Food loss and waste accounts for about 4.4 gigatonnes of greenhouse gas emissions (GHG) per year. To put this in perspective, if food loss and waste were its own country, it would be the world's third-largest GHG emitter—surpassed only by China and the United States.

H₂O

Fresh water is one of Earth's most precious resources, and 70% of it is used for agricultural purposes, including crop irrigation and drinking water for livestock. One apple requires an average of 125 litres of water.

FISCAL PRIORITIES

2020-2021

We could have never imagined the growth and transformation we have achieved in the last 12 months. As we look forward to our next year, our key focus will remain on:



Food Rescue and Delivery

This fiscal year, Second Harvest will continue to develop key partnerships and grow the food rescue and delivery programs across Canada.

Our new web and mobile app supports our national growth initiatives, giving food donors a simple and fast system to connect directly with local program partners.



Building our National Headquarters

Construction on our national headquarters will be breaking ground in Etobicoke in early 2021. With support from our partners, this best-in-class facility will allow us to triple our impact by 2030.



No Waste. No Hunger.

The Impact of Food Waste



**35.5 MILLION
METRIC TONNES**
of food produced is
lost or wasted, that's
58% of all food
produced!



\$49 BILLION
worth of food is
wasted yearly. That's
enough to feed
every Canadian for
five months.



**\$1,766 PER
HOUSEHOLD**
is the annual cost of
avoidable food
waste.

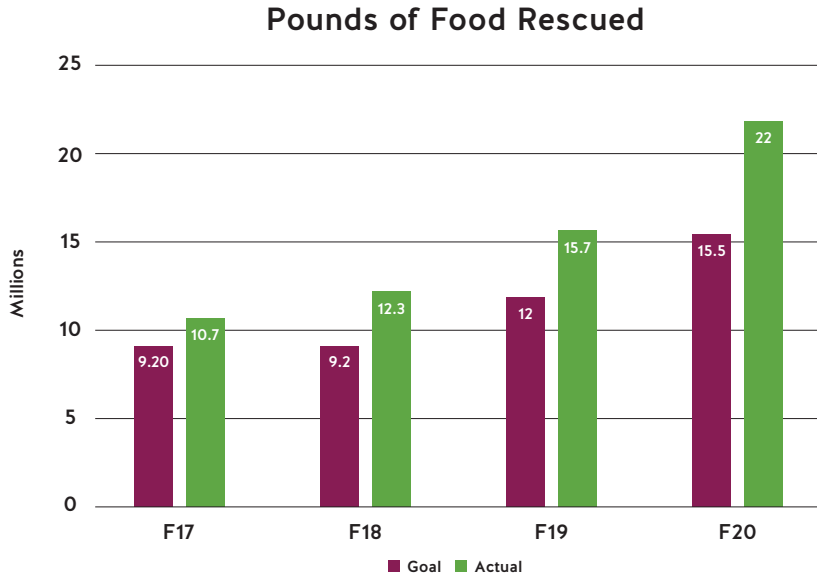


**+34 MILLION
POUNDS**
of greenhouse gases
due to avoidable
food waste.

We don't have a food shortage problem. We have a food loss, recovery, and distribution problem.

FOOD RESCUE

Trends of the past four years



- ✓ Increased from 1,201 to 2,555 food donors.
- ✓ On average, we provide 62,000 meals per day.
- ✓ Every Canadian province and territory was supported by our financial and grocery gift card granting program.
- ✓ We rescued and redistributed \$64 Million dollars worth of food this year.
- ✓ In Canada there are over 60,000 not-for-profits who use food as part of their community programs.
- ✓ Second Harvest delivers barrier-free support to program partners large and small across Canada!

RESPONDING TO COVID-19

From a local charity to a national, award-winning, food rescue program

SECOND HARVEST RESCUED ENOUGH FOOD TO SERVE OVER 62,000 MEALS PER DAY TO HUNGRY CANADIANS COAST TO COAST.

The COVID-19 pandemic accelerated our national growth strategy. It also made us take a closer look at our programs to ensure the food-security of the Canadians we serve.

We pivoted our core programs and responded to the food waste crisis by expanding our food rescue operations. Utilizing our online app, we were quickly and efficiently able to redistribute over \$20,000,000 in grocery cards and funding to not-for-profit organizations in communities across Canada.

We supported 294 Indigenous, remote, and fly-in communities with \$3.6 million in grocery gift cards and rescued food.



FOOD RESCUE

Our food rescue program expanded nationally and is now active in every province and territory in Canada.



FEEDING OUR FUTURE

We launched Feeding our Future 2020: Prepared Children, Youth & Family resource kits and served 12,385 kits to over 1,600 families.



PREPARED MEAL PROGRAMS

Harvest Kitchens pivoted to a meal preparation program, combined with MLSE's Bring Toronto Back program, they produced over 1 million meals.



TRAINING & WORKSHOPS

Our training and workshops pivoted to digital programs, seeing 344 e-learning users.

SUPPORTING OUR COMMUNITIES

Types of Programs We Support



152 Before school, after school
and Summer programs.



226 Food banks, pantry and
hamper programs.



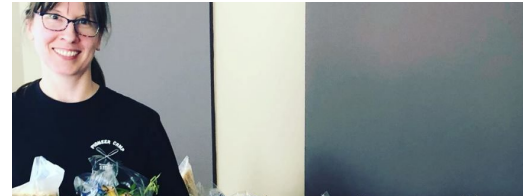
3,219 Meal and Snack
Programs.



562 Outreach Programs.



76 Skill Building Programs.



101 Other types of programs.



FOOD DONORS

More Food Donors than Ever!

Canadian farmers, manufacturers, stores and restaurants joined our mission of no hunger, no waste, and they donated excess food to local program partners.

As of September 1, 2019

1,201

As of March 14, 2020

1,642

As of August 31, 2020

2,555



FOOD RECIPIENTS

Increase in demand for food!

Not-for-profits across Canada joined forces with Second Harvest. Our new app facilitated the onboarding of 1,157 new partners this year.

As of September 1, 2019

1,080

As of March 14, 2020

1,266

As of August 31, 2020

2,237

BY THE NUMBERS

September 1, 2019 – August 31, 2020



1.3 Million

Canadians were served.



\$64 Million

Value of food rescued.



6,514

Hours donated
by volunteers.



4,336

Program partners
across Canada.



\$20,081,312.37

Distributed in grocery gift
cards and funding across
Canada.



1,000,000+

Prepared meals were
produced by Harvest
Kitchens and MLSE's Bring
Toronto Back Program.



15.3 Billion

We reduced our water
food print by 15.3 Billion
Liters of water.

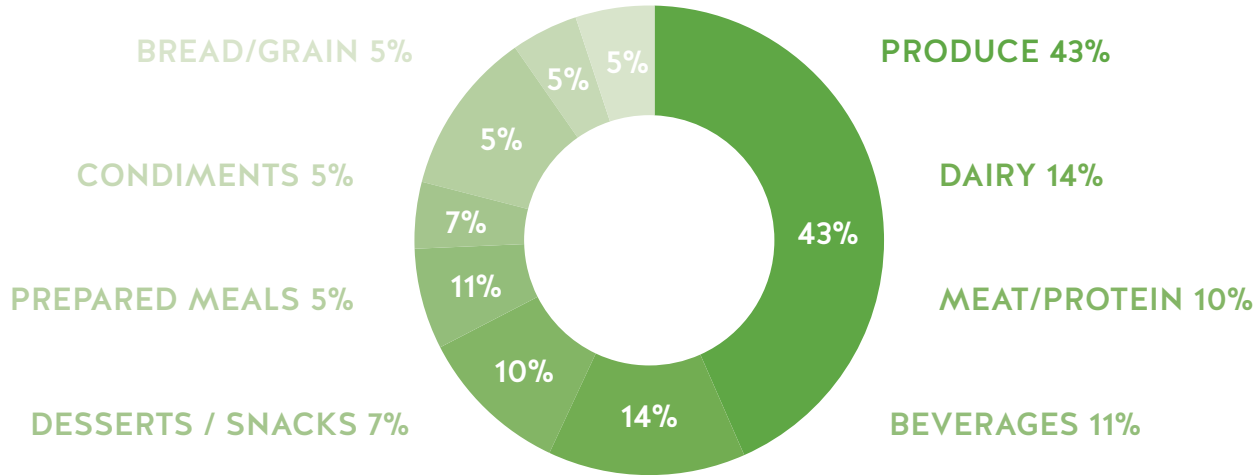


75 Million

Pounds of GHGs
diverted from entering
the atmosphere.

RESCUED FOOD

Breaking Down Food Donations



Second Harvest prioritizes rescuing these nutrient-dense perishables because they are often more expensive and harder for our program partners to access, as well as they are more harmful greenhouse gas emitters when they wind up in landfill.



YOUR IMPACT

1,316,000+

Thanks to you, we supported over 1.3 million Canadians
between September 1, 2019 and August 31, 2020.



Your gift feeds Canadians

Your impact goes far beyond a dollar amount, helping hungry Canadians across the country. By providing rescued food our recipient agencies and individuals can see your impact in action, beyond hunger.

Your support "goes far beyond giving out food. It provides people with nutritious, fresh meals, choices in regard to their dietary needs... it effects not just people's physical but also their emotional well-being. It helps create a positive environment where people feel respected and supported."

- Laura, ON

Your gift feeds seniors

Your support is helping Joanne, and so many other seniors, from having to choose between medication or groceries.

"Sometimes I have to make a choice - groceries or my medication. In the past I chose groceries, and my disease started growing... the food brings hope and brings fuel. We need food to keep us healthy, aware, and active. It also helps us buy our medication."

- Joanne, ON





Your gift feeds families & children

You are impacting people like Lor, and so many other families and their children. The stress of not knowing if you can provide your children with healthy food, or if they will be nourished enough to thrive, is unimaginable.

"When I handed her a grocery gift card, she took it and with tears in her eyes said,

'No one has ever given me such a wonderful gift before.'"

- Lor, Program Partner, Winnipeg, MB

Your gift feeds communities

Your support creates powerful impact in our communities. From helping ease the strain on community programs, to creating a sense of community and gratitude, all thanks to you!

"We've received nearly 12,000 lbs of food to nourish our program participants and this has saved the agency \$20,000 annually. Being able to reallocate these funds to programming, curriculum and expanding our services...this generosity has a direct impact."

- Lay-Up Youth Basketball, Toronto, ON



GET INVOLVED!

Make a difference in the lives of millions of Canadians



DONATING

Your donations help keep our trucks on the road, it keeps good food from going to the landfill and it helps us feed millions of hungry Canadians.



WASTE WISE

So much avoidable food waste happens at home! Check out our e-learning courses or follow us on social media to learn how to become #WasteWise.



VOLUNTEERING

From yearly food sorts to helping on a regular basis, Second Harvest has lots of volunteer opportunities for young and old! Call us today to get involved.



UNITED WAY DONATION

By selecting Second Harvest as your charity of choice through United Way, you can help support our food rescue and delivery programs.



Thank You!





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