



# FISCAL 2021

NO WASTE. NO HUNGER.

Since 1985, Second Harvest has been dedicated to making sure that food ends up where it belongs, working with the community to rescue surplus food before it reaches landfills and redirecting it to feed people in need.

2021 has been a year of record-breaking impact and we've couldn't have done it without you! Here's a look at what you've helped us accomplish:



**\$120 million**  
worth of food provided,  
free of charge



**110,000**  
meals provided a  
day on average



**162 million**  
pounds of greenhouse  
gases diverted

## THAT'S THE EQUIVALENT\* OF:



**3.1+ million**  
propane cylinders used  
for home barbeques



**22,512**  
cars off the road  
for a year\*\*



**49,132**  
home's electricity  
for one year\*\*

Source:

\*Natural Resources Canada, Greenhouse Gas Equivalencies Calculator

# 4,200,000+ CANADIANS NOURISHED, THANKS TO YOU!



Hamlet of Whale Cove, NV

When COVID-19 hit, hunger increased - and generous supporters like you rose to meet the crisis head on, helping the Second Harvest team expand our services to rescue and redistribute surplus food nationwide. Although masks, social distancing, and talk of vaccines became our new normal, you made sure that hunger didn't by helping feed people in need from coast to coast to coast.

Since September 2020, Second Harvest has rescued **41 million pounds of food** which was redistributed to over **6,400 nonprofit programs across** Canada. That's 86.3% growth in pounds rescued from last year! Thank you for stepping up when your neighbours needed you most.

Your commitment to making life better for all Canadians gives us hope for a brighter future of No Waste, No Hunger.

The numbers on the map show how many frontline agencies you helped us support in each province and territory!



## ACROSS CANADA YOU HELPED US:



Get good, healthy food to over **3,000** frontline social service agencies feeding people in need



Save food from landfills by partnering with over **4,500** generous food donors



Provide support to over **900** communities from coast to coast to coast!



Kimberly Wellness Foundation, BC



Horizons For Youth, ON

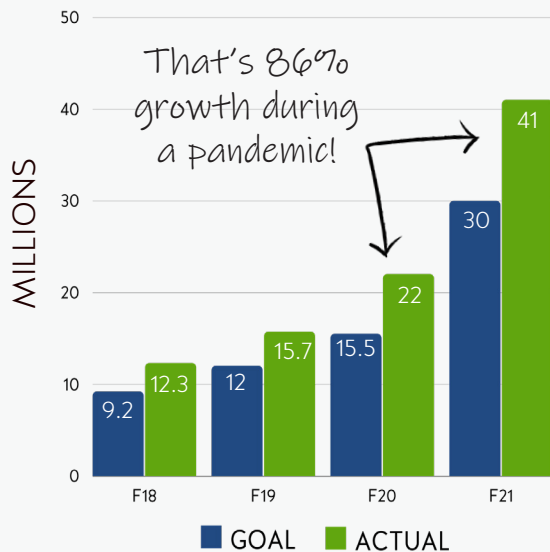


CareN'Share Inc Family Resource Center, NB



# FEEDING PEOPLE, NOT LANDFILLS

## POUNDS OF FOOD RESCUED



## NO WASTE

A shocking 58% of all food that is produced in Canada gets tossed. This waste results in 56.5 million metric tonnes of CO2 equivalent emissions entering our atmosphere and damaging our planet.

But with the support of community members and partners like you, this past year **Second Harvest was able to rescue 41 million pounds** of surplus food that would have otherwise gone to waste. That's amazing!

“Food is life, for myself and most of our team we are very passionate about all things food and the conversations and memories we can forge through it,” shares Alex, COO and Partner of Legends Haul Grocery Co., one of Second Harvest’s BC food donors. “The biggest concern with any food operation is wasting food that can go to a better place. We love that we can send overstocked products to good homes that can be utilized by people and avoid landfills. We saw a problem we wanted to be solved and Second Harvest was the answer.”

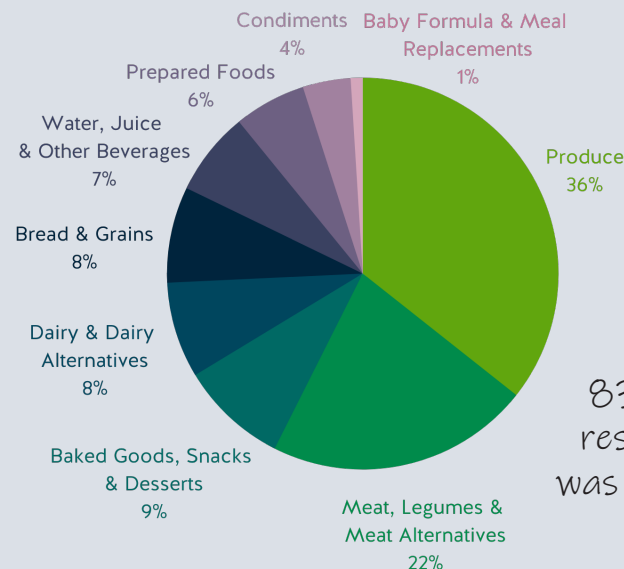
- Food donor, Legends Haul Grocery Co.

## NO HUNGER

Meanwhile, 6.7 million Canadians rely on community food organizations. The work we do together means more of these people in need are being nourished. This past year you helped Second Harvest rescue enough surplus food to provide **Canadians 110,000 meals EVERY DAY!**

We set out to provide perishable food like produce and protein to our agency partners, as it's often more expensive and difficult to for our them to acquire, leaving the people who need it the most to go without.

## BREAKDOWN OF RESCUED FOOD



83% of all rescued food was perishable!

“Food means sustenance with nutritional value to help feed and nourish the body and mind. Here at Parker Street we have an emphasis on eating nutritionally valuable food and helping our clients to gain sustainable access to these products. By having more donations come in through Second Harvest at less effort to us we were able to maintain food supply and ensure our community members always had enough in their food boxes. THANK YOU!”

- Food recipient, Parker Street Food & Furniture Bank, Halifax NS



# SUPPORTING LOCAL COMMUNITIES THROUGH PROGRAMING

Beyond our food rescue operations, we run a variety of programs throughout the year that help educate and develop local communities. These include:

## THE HARVEST KITCHENS PREPARED MEAL PROGRAM



With many community meal programs shifting to takeaway meals due to the pandemic, the need for prepared meals continued to increase in 2021. Leveraging rescued food provided by Second Harvest's food donors, we partnered with 10 kitchen partners to prepare nutritious take-away meals, which are distributed to our network of frontline agencies. **With your support, the programs provided over 735,000 prepared meals to 110 agencies!**

## FEEDING OUR FUTURE



Student nutrition programs help nourish children during the school year but what happens during the summer? To bridge the summer hunger gap Second Harvest's Feeding our Future program works with partner organizations like day camps to deliver wellness kits to families in need. **Because of your generosity, this past summer we were able to feed 3000 children and 1000 youth across the Greater Toronto Area!**

## NORTHERN AND INDIGENOUS FOOD PROGRAM



Second Harvest has worked alongside government, Indigenous communities, and leaders in the private and charitable sectors to create a strategy to get rescued food to hard-to-reach areas in the North to fulfill the rapidly growing need. **In the past year we have been able to rescue and redistribute nourishing food to 107 Northern communities through this program - thank you!**

## TRAINING AND EDUCATION



Second Harvest works to support a network of social service agencies nationally through ongoing communication, resource supports and training opportunities. The program focuses on three pillars: Food Literacy & Nutrition, Food Safety Training, and Food Waste Reduction. **This year we were able to provide knowledge to 1,168 e-learners through this initiative!**



### Did you know?

On top of rescuing surplus food and provide community programs that feed and educate communities, Second Harvest was able to distribute **\$8.6 million+ in grant funds across 225 communities** as part of our partnership with Agriculture and Agri-Food Canada.!



# NO NEED TOO FAR

Your generosity meant that Canadians were helped from coast to coast to coast. And behind every rescue there is a story of gratitude.

“Rhema Christian Ministries has benefited significantly from the food received from Second Harvest, especially during the pandemic. Our clients enjoy and are appreciative of the variety of food, especially the individual prepared takeaway meals. Thank you Second Harvest! Rhema Food Bank could not feed the communities without your support.”

**Rhema Christian Ministries, Toronto, ON**

“Our community was hit very hard by COVID,” explains Centre Lasallien, frontline program partner, but “with the help of Second Harvest, we are helping weekly 50 families from our town with a family meal and a big box of groceries. From all the families we helped, your support has been life changing and with your support, we gave the basic needs to some families who struggle to obtain them and we helped kids learn in schools.”

**Centre Lasallien, Montreal, QC**

“The weekly donations of fresh produce and dairy has allowed us to increase the amount of fresh and healthier food for our hampers,” shares Valerie, Director of Fund Development at SHARE Food Bank. “Typically we distribute between 300-350 food hampers every week. During COVID, that increased to as many as 400 per week... this has never been more vital as people have lost their jobs, their homes... this support has had a real and lasting impact on so many, a sincere thank you.”

**SHARE Food Bank, Coquitlam, BC**

“Aklavik is a community of 600 people in the Northwest Territories. Second Harvest has been able to provide this community rescued, surplus food despite being very far north - 833 km north of Whitehorse to be exact! Michael, president of the Ehditit Gwich'in Council in Aklavik shared, “The first plane came in with nine pallets full of food...We fed all of Aklavik for a couple of weeks for sure, if that's all the food they had, and for some people for a couple of months”. He said, “It was a lot of food, and good food as well.”

**Ehditit Gwich'in Council, Aklavik, NT**

“Food is often the first key component to helping individuals,” shares frontline program partner Salvation Army Center for Hope in St. John's, Newfoundland and Labrador. “Second Harvest has allowed us the opportunity to expand our client base, to capture the much needed lower to middle income families who have been struggling... quite simply, we have not had to turn one person down who is hungry which is huge.”

**Salvation Army Center for Hope, St. John's, NL**

