

**BECOME A  
SECOND HARVEST**

**HERO**

**MAKE FOOD RESCUE YOUR MISSION**



**WHEN \$1  
PROVIDES  
FOOD FOR  
2 MEALS, EVERY  
DOLLAR PACKS  
A PUNCH!**



**HELP RESCUE FOOD FROM A HORRIBLE FATE!**

**\$1 = 2  
MEALS**



**WE'RE ASSEMBLING A TEAM OF  
FOOD RESCUE HEROES FROM  
ACROSS CANADA - ANSWER THE CALL!**

While millions of Canadians struggle with hunger, millions of pounds of unsold food go to landfill every day. But you can help stop this waste in its tracks. The funds you raise help rescue fresh, healthy food for meal programs, food banks, shelters and food hubs from coast to coast to coast.

**HERO@SECONDHARVEST.CA**